

Hi, I'm Jeannine Herrick and I serve on the Change Management/Adaptive Leadership Core for the National MCH WFD Center. We support Title V teams during intense planning times, and we focus on leadership challenges. We help leaders work through large-scale change.

The current crisis is creating a lot of stress, anxiety and fear for many, including MCH leaders like you and the MCH populations we serve. In this mini course- I will help outline 5 main areas you can focus on to help you lean into your own leadership strengths so that you can stay positive and be adaptable to a changing context.

This mini course will give you concepts, tools and a way to start taking steps forward. We have tried to keep it simple. So, let's get started-- putting these positive adaptive leadership and resiliency skills into action.