



Dive Deep into the MCH Competencies with Macro-learning

Do you need intensive and immersive learning? Macro-learning through a structured, comprehensive curriculum addresses the need to learn about a the MCH Leadership Competencies deeply and at one's own pace to fully understand topic areas, how to apply what is learned in real-life settings, and track learning over time.

Benefits of Macro-learning

- ❖ **Learning is designed to be thorough, structured, and logical.** Learners have expressed the need to review competencies in a comprehensive manner that motivates a sense of learning and provides training over the course of time.
- ❖ **Learning is designed to increase knowledge and skills.** Learners have expressed the need to focus their efforts on areas that they need to strengthen. Participants need to receive evidence-informed strategies to implement learning in their daily work.
- ❖ **Learning occurs as part of a group.** Learners have expressed the need to feel part of a collaborative and interact with other professionals. This gives learners the opportunity to share insights and pose questions to fellow professionals and students.
- ❖ **Learners become experts.** Learners have expressed the need to be encouraged to measure their before and after understanding of competencies through programs.
- ❖ **Learners are recognized for participation.** Learners have expressed the need to use MCH Navigator programs as part of their professional-development activities, either individually or as a team-building activity with fellow professionals or students.



SMART Learning for the MCH Community

Self-Reflective | MCH-Competency Based | Actionable | Relevant | Targeted

Introducing **MCHsmart**! This new macro-learning program delivers the core content of a structured course in a format that is accessible to MCH professionals, students and current/future faculty. Learners work at their own pace and choose how deeply they want to explore each competency. A certificate of completion is provided at the end of the program and up to 12 CPH Recertification Credits from the National Board of Public Health Examiners may be earned.

MCHsmart is structured in three main sections:

Find your starting point and set goals for learning

1: REFLECT

- A. GET READY
 - What you already know
- B. FIND YOUR BASELINE
 - Pre-Test (36 questions)
- C. GET STARTED
 - Set your goals

Take a deep dive into each competency and its knowledge and skills area

2: LEARN

- A. MAP YOUR LEARNING
 - Micro-Learning
 - Meso-Learning
 - Macro-Learning
- B. DIVE INTO LEARNING
 - Review
 - Relate
 - Reflect
 - Respond
- C. TRACK YOUR LEARNING
 - Self-Evaluations

Test what you've learned and then build on it by sharing your reflections

3: SHARE

- A. TEST YOURSELF
 - Post-Test (36 questions)
- B. SHARE REFLECTIONS
 - Write your insights
- C. PROVIDE FEEDBACK
 - Evaluate the course

www.mchnavigator.org/smart