Join us in Reflective Learning! The MCH Navigator Self-Assessment is an online tool that employs an automated 3-step process that can be used individually or as part of a group to:

1. Identify your strengths and learning needs.
2. Match your learning needs to appropriate trainings.
3. Receive a personalized learning plan.

To date, over 10,000 MCH current and future professionals have taken the full self-assessment tool. Data have been compiled nationally and also on a state level.

It’s easy to map your learning pathway! Follow these steps...

Register or Log in. By registering, you can return to the assessment and your personalized learning plan at any time by logging in. Registration provides the project with critical information about who is using the tool, and it also allows you to access past results to see how you have grown professionally over time.

Choose 1 of 2 Options. Take the assessment in one sitting or each competency individually. You can log back in to start where you left off. For each competency, you will be given background information and asked to reflect on its level of importance. Next, you will respond to a series of questions to gauge the relevance of your knowledge/skills.

Get Your Personalized Learning Plan. You can save or print, your plan which contains tips and questions on how to approach your learning; a chart that summarizes your strengths and areas of growth; online learning opportunities that are matched to your needs; and ways to keep motivated in learning.