

## PHC 6937 Trauma, Racism, and Resilience in MCH

### CUMULATIVE PROJECT: MCH Interview and Reflection

#### Assignment Overview

For this assignment, you will identify and interview someone working in maternal and child health (MCH), diversity, equity, inclusion or accessibility (DEIA), anti-racism, and/or trauma. You will create a pre-determined set of interview questions (interview guide). To prep for the interview and development of the interview guide, you will first utilize your research and investigative reporter skills to identify the individual's role in their current organization. You will then use current course content (i.e., lectures, readings, and videos) and any areas of interest to you (and that you know the interviewee can answer) to further develop interview questions. You will submit the questions in advance to instructor so that instructor can provide feedback on interview questions.

Topics include but are not limited to (1) What the interviewee recognizes as the most critical issues in their field; (2) What interventions or policies should be developed and implemented to address the health disparities relevant to their work; and (3) What are the connections between racism/trauma and public health and healthcare. The interview should be approximately 30-minutes. After interviewing the individual, you will write a 1-page reflection on the interview experience and the information and knowledge you gained during the process. You should use APA 7<sup>th</sup> edition formatting for the reflection and in-text citations and references.

#### **For your reflection, please include the following:**

- (1) Name and title of the interviewee and their place of work or organization
- (2) Date of interview
- (3) A brief summary (1-2 paragraphs) of the interviewee's responses to your questions. While you do not need to provide a summary of each question you asked, you should highlight the most important information.
- (4) Reflection (2-3 paragraphs) on how their responses resonated with you and your work/interests or deepened your understanding of the course material and the intersection of ACEs, trauma, resilience, and MCH. This should be aligned with the interviewee's area of focus (i.e., MCH, anti-racism, and/or trauma) and reference specific readings, lectures, and/or videos from class.

#### Tips for a Successful Interview

- Create a list of 2-4 individuals or organizations you are interested in conducting an interview.
  - **Note:** We will provide you with a list of contact examples, which can also be found on the course syllabus. But you are more than welcome to select someone of your choice to interview. Your top choice may not be available in the given time frame, so you have options for others to contact; hence, why we suggest identifying 2-4 individuals or organizations.
- Reach out to schedule an interview with advance (2-3 week) notice. Be mindful of the individual's time when inquiring about an interview and during the interview (i.e., do not go over the allotted time).
- Come prepared for the interview with a list of pre-determined questions while leaving time for follow-up questions and for the interviewee to share any additional thoughts at the end of the interview.
- Send a follow-up email thanking the interviewee for their time. This is also an opportunity for you to establish future relationships and career, research, or volunteer opportunities.

This assignment is worth 15 total points. **In order to receive full credit, please submit your pre-determined interview questions, 1-page reflection, and reference page.**

**This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.**